



# 27<sup>TH</sup> ANNUAL INDIANA CHEER CHAMPIONSHIP

## **JUNIOR HIGH, FRESHMAN AND JUNIOR VARSITY CHEER CHAMPIONSHIPS**

**Saturday, October 23, 2010**

**11:00 a.m.**

**Highland Junior High School**

2108 East 200 North

Anderson, IN 46012

The Junior High, Freshman and Junior Varsity competition is a one-day event on Saturday, October 23, 2010. The competition will start at 11:00 a.m. with Junior High teams. Awards will follow junior high team performances. After a short intermission, Freshman and Junior Varsity teams will compete, with awards following.

**Junior High teams may compete in one of two divisions: 12 or fewer members or 13 or more members  
Freshman and Junior Varsity teams may choose to combine teams but must enter Junior Varsity category**

## **HIGH SCHOOL VARSITY 1A, 2A, 3A AND 4A PRELIMINARY ROUND**

**Saturday, October 30, 2010:**

**TBD (Either 10:00 a.m. or 11:00 a.m.)**

**TBD**

## **HIGH SCHOOL VARSITY STATE CHAMPIONSHIPS**

**Saturday, November 6, 2010**

**11:00 a.m.**

New Castle High School

801 Parkview Dr

New Castle, IN 47362

**\*\*Please be aware that November 6th is a S.A.T. testing date\*\***

High School State Finals Performance Order:

All-Girl Partner Stunt Groups, Coed squads, Varsity teams,  
All-State Individual Team exhibition performance,  
followed by Awards

***Entries MUST be received by Saturday, September 25, 2010!!***

## **CONTEST RULES / INFORMATION**

*Rules/Information new to the 2010 competition are italicized.*

### **All coaches entering a squad MUST attend a Rules Interpretation meeting prior to the competition.**

*\*Referencing the published updated cheerleading rules from AACCA, squads competing in Jr. High divisions are prohibited from performing all basket tosses and double twisting dismounts.*

Participating schools must be paid member of Department of Student Programs.

Freshman and Junior Varsity teams will compete one time for awards. Competition will follow Junior High competition.

Junior High teams will participate in either Small Division (12 or fewer team members) or Large Division (13 or more team members.)

All Girl Partner Stunt Groups and All-State Individual entries must be submitted only on regular size DVD's or VHS tapes – mini-DVD's cannot be submitted for judging.

All team and individual routines must comply with the 2010 - 2011 National Federation Guidelines.

The maximum music portion of a team routine is 1:45 (one minute, 45 seconds). The total performance time remains at 2:30. A portion of the routine must be performed without music.

Nine mats will compose the competition floor. A squad may use the whole performance area although it is not required to use all mats.

In all categories, no restarting of time will be allowed; however, any repeat or recovery will be permitted, but the squad may be assessed an overtime penalty if the time limit is exceeded.

Squads may be combined; however, squads who combine must compete in the higher division. For example, a Freshmen squad and Junior Varsity squad that combine must compete in the Junior Varsity division.

Referencing Rule 2-2-8 in the 2010-11 Spirit Rules Handbook: Supports, braces, etc., which are hard and unyielding or have rough edges or surfaces, *must be padded with a closed-cell, slow-recovery foam padding no less than one-half inch thick. Padded knee and ankle braces which are unaltered from the manufacturer's original design production do not require any additional padding.* A participant wearing a cast (excluding a properly covered air cast) must not be involved in a stunt.

No bobby pins or panty hose will be allowed. Stickers applied to the body are illegal. Applied tattoos are acceptable. Glitter and wire-edged (monofilament) ribbons will not be allowed. Hair or ribbons must not touch the shoulder.

No substitution of squad members is permitted. Any squad found to be in violation will be disqualified immediately and will forfeit all titles and awards. An individual may only compete in one team event. However, an individual may compete on their team squad, as an Individual, and as a member of one Partner Stunt Group.

Each cheerleader must be an active member in good standing of the school he/she represents, and be a full season 2010-11 cheerleader for a school sports team (football, basketball, volleyball, etc.) When the cheer coach and the principal sign the entry form, they are each verifying this requirement. One game does not constitute a full season.

Varsity squads who qualify for the State Finals may compete with fewer cheerleaders than were used at the Preliminaries, but no more than the original number. No squad substitutions will be permitted for any individual for State Finals. Medical situations might allow for an injured cheerleader to perform for finals without having performed at Preliminaries, however, such a circumstance must be approved by the IASP office before performing at the Preliminary competition. A doctor's release form will be required.

A cheer team member who is deemed academically ineligible to perform at Preliminaries, but is declared academically eligible to participate at the State Competition, may do so as long as he/she is registered on the team roster sheet submitted before Preliminaries and submits a letter signed by the principal stating he/she is academically eligible to compete.

If there is a same-day scheduling conflict that is school related, the coach may contact the IASP office and make them aware of this conflict by faxing a request from the principal stating such conflict, before the schedule has been posted. IASP will try to accommodate the school through scheduling.

A coach/adult designee must accompany each school. It is the responsibility of that person to immediately check the squad in at the registration table upon arrival. Please be advised, due to liability issues, coaches will NOT be allowed to bring the Physical Sign-Off Form to the preliminary site, rather they must be on file in the DSP office by Sept. 25, 2010.

Individual student Medical Release Forms will not be required by IASP. However, IASP will require a Physical Sign-Off Form to be signed by the school principal, athletic director and cheer coach stating that all registered team members have a current IHSAA Physical form on file at the school.

The coach will register each team member through an online registration form to be posted on September 1, 2010 at [www.iasp.org/dspcheerleading.aspx](http://www.iasp.org/dspcheerleading.aspx). Registration must be completed online by October 8, 2010 (Junior High, *Freshman and Junior Varsity* teams) and October 15, 2009 (High School Varsity teams). **Register ALL squad members that might compete, including alternates.** If a change needs to be made after submitting registration, DO NOT submit registration again – please email Heidi Massingale at [hmassingale@iasp.org](mailto:hmassingale@iasp.org) with your change. Changes/additions will NOT be accepted after noon on the Monday prior to competition.

Qualified judges covering a wide range of cheering styles will be selected. Deductions for contest rules and safety infractions will be taken from the total score. The decision of the judges is final.

**Junior High, Freshman, JV, Varsity, Small Coed, Large Coed:** Total performance time shall not exceed two and one-half minutes. No organized entrances will be allowed. Squads will move onto the mat immediately after being called to the floor. Time begins with the first movement of a squad or the first sound of music/tape, and ends with a wave or a signal to the judges. A verbal cheer portion is required; the routine may not consist wholly of music. Squads may tumble and stunt during the music portion.

**Junior High Division – 2 ½ Minute Routine:** Music may be used but is not required. If used, music may not exceed 1:45 minutes of the routine. Proper use of poms and signs are the only props allowed. *\*There has been a change in the rules for Jr. High. Please refer to the top of page two for details.*

**High School Divisions - 2 ½ Minute Routine:** Music may not exceed 1:45 minutes of the routine. Proper use of poms and signs are the only props allowed.

**Coed Division – 2 ½ Minute Routine:** There are two categories for Coed squads. Small Coed will be 1, 2 or 3 males. Large Coed squad will be 4 or more males. Music may not exceed 1:45 minutes of the routine. Poms, megaphones, signs, and flags are the only props allowed. *Coed squads must perform at Preliminaries in order to advance on to State Finals.* A coed squad is defined as having 1 or more males.

**All-Girl Group Partner Stunt Groups/Individual Competition:** Those entering the the All-Girl Group Partner Stunt Group and/or All-State Individual category will submit their routine on a DVD/VHS to the IASP office. The DVD/VHS must be labeled with the entrant's name and school and received no later than October 11<sup>th</sup>. A judging team will meet at the IASP office and judge all entries. All stated contest rules apply. Teams may perform their routine as many times as desired to achieve their best effort, however, only one DVD/VHS will be accepted for judging. You may not send a DVD/VHS, then send a second DVD/VHS and ask that the first entry be discarded. Although a professionally filmed DVD/VHS is not expected (only one wide-angle camera should be used) please remember to send a DVD/VHS with clear audio and visual quality. *There are a wide variety of programs used to film performances. Judges may or may not have access to the same software used by the student/coach. To make sure entries can be judged, submissions on DVD must be playable on a standard DVD player. Please test your submission on a DVD player, not on a computer. Submissions must be of a continuous one minute routine, (not a longer routine edited to fit the time restraints).* Entrants must be on a team that is competing.

**All-Girl Group Partner Stunt Groups (Maximum of 5 Individuals) Competition – 1 Minute Routine:** The Top 5 All Girl Partner Stunt teams will compete at State Finals. Finalists will be chosen from routines submitted via DVD/VHS entries to the IASP office. The Top 5 scoring teams will perform their routine at the State Finals competition on Saturday, November 6<sup>th</sup>, at New Castle High School. Any high school group of five or less girls may compete, with no limit to the number of groups from each school. Individuals may only compete on one Partner Stunt Group. Music is required. Words may be used.

**Individual Competition - 1 Minute Routine:** Following the judging, score sheets will be mailed to coaches to share with competing individuals. Individual competition will be limited to members of the 2011 graduating class, but there is no limit to the number of seniors who may compete from each school. Total performance time may not exceed one minute. Music is not required, but if used may not exceed 30 seconds of the performance. A verbal cheer portion is required. Proper use of poms and signs are allowed. A judging team will judge all submitted entries, from which the top 12 scoring entries will be designated as the All-State Cheer team. Each of those individuals will be awarded a \$250 scholarship. Each of the 12 individuals will receive a DVD/VHS including a routine they will perform as a team at the State Finals. Members of the team will have a short rehearsal on the day of the State Competition. An All-State team patch will also be presented to the 12 individuals.



**2010 INDIANA CHEER CHAMPIONSHIP Registration**

**A Reminder:** You may combine squads to compete as one larger squad; however, you must register in the higher level division. Example: Your school is combining the Freshman and Junior Varsity squads...they will be competing in the Junior Varsity Division.

Please make copies of packet for other Head Coaches (Freshman, JV, Varsity) in your building

<b><u>COMPETITION DIVISION:</u></b>	_____ (Jr High Small, Varsity 1A, Small Coed, Etc.)
COACH _____	Email _____
Mail competition _____	_____
Information to: _____	<i>Home address</i>
_____	_____
<i>City, Zip code</i>	<i>Home phone w/area code</i>
<b><u>COMPETITION DIVISION:</u></b>	_____ (Jr. High Small, Varsity 1A, Small Coed, Etc.)
COACH _____	Email _____
Mail competition _____	_____
Information to: _____	<i>Home address</i>
_____	_____
<i>City, Zip code</i>	<i>Home phone w/area code</i>
<b><u>COMPETITION DIVISION:</u></b>	_____ (Jr High Small, Varsity 1A, Small Coed, Etc.)
COACH _____	Email _____
Mail competition _____	_____
Information to: _____	<i>Home address</i>
_____	_____
<i>City, Zip code</i>	<i>Home phone w/area code</i>

Individual(s) entered for All-State Individual Team

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

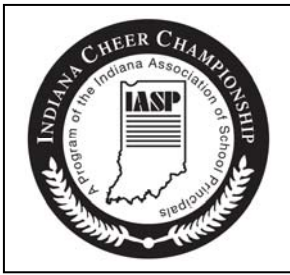
All Girl Group Partner Stunt Name

Example: Amanda Brown Group

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## CHEER COACH CHECKLIST

- \_\_\_\_\_1. Mail entry form with payment or school purchase order to meet **entry deadline of Saturday, September 25, 2010. Form and payment must be received, not postmarked, by Sept. 25th.** Entry form may also be faxed to Department of Student Programs (DSP) @ 317-894-9807 with payment made by September 25<sup>th</sup>.
- \_\_\_\_\_2. Each coach will complete his/her team roster through our website, [www.iasp.org/dspcheerleading.aspx](http://www.iasp.org/dspcheerleading.aspx). DSP must have a complete roster in order for your team to compete as this will be used for the competition check-in procedure. Team roster registration form will be posted on September 1, 2010. Registration must be completed online by October 8 for Junior High, Freshman and Jr. Varsity teams and October 15 for High School Varsity teams. Register ALL squad members, including alternates that may compete. If a change needs to be made after submitting registration, DO NOT submit registration again – please email Heidi Massingale at [hmassingale@iasp.org](mailto:hmassingale@iasp.org) with your change.
- \_\_\_\_\_3. Complete the enclosed Physical Sign-Off Form and have your principal and athletic director sign in the appropriate place indicating that a current IHSA Physical Form is on file at the school office for each team member registered. For liability purposes, this form must be on file in the DSP office by Sept. 25, 2010.
- \_\_\_\_\_4. All coaches entering a squad must attend a Rules Interpretation meeting to be eligible to compete. Make sure you have a copy of the 2010-2011 National Federation Rules Book and refer to it often. A Rules book is provided each coach attending the coaches conference or who attends a Rules Interpretation meeting.
- \_\_\_\_\_5. Review all contest rules and regulations contained in this mailing.
- \_\_\_\_\_6. Always stress good sportsmanship when preparing for the contest – to cheerleaders, parents, and coaches.
- \_\_\_\_\_7. Remind cheerleaders that competition t-shirts will be sold at all competitions. Professional photographs will be on sale at the Junior High/Freshman/Jr. Varsity competition and High School state championships.
- \_\_\_\_\_8. Prepare early – do not wait until the last minute to clear up any potential problems. Please contact Heidi Massingale with any and all questions at [hmassingale@iasp.org](mailto:hmassingale@iasp.org).
- \_\_\_\_\_9. Schools must be a member of the Department of Student Programs to participate.
- \_\_\_\_\_10. Competition score sheets can be viewed at [www.iasp.org/dspcheerscoresheets.aspx](http://www.iasp.org/dspcheerscoresheets.aspx)



**INDIANA CHEER CHAMPIONSHIP  
PHYSICAL SIGN-OFF FORM**

**NOTE: This form must be completed and returned to the IASP/DSP office by September 25, 2010. Failure to do so will prohibit team participation in the competition! Please print all information.**

School \_\_\_\_\_

School address \_\_\_\_\_

School city \_\_\_\_\_ School Phone # \_\_\_\_\_

The following school personnel certify that current IHSAA Physical Forms are on file at the above named school for all of the cheer team members that our school's cheer coach has registered, who will compete at an Indiana Cheer Competition on October 23, October 30 and/or November 6, 2010.

**Principal** \_\_\_\_\_ **Date** \_\_\_\_\_

Printed

Principal \_\_\_\_\_

*Signature*

**Athletic Director** \_\_\_\_\_ **Date** \_\_\_\_\_

Printed

Athletic Director \_\_\_\_\_

*Signature*

**Cheer Coach** \_\_\_\_\_ **Date** \_\_\_\_\_

Printed

Cheer Coach \_\_\_\_\_

*Signature*

**\*\*\* Due to liability issues, the enclosed Physical Sign-Off Form must be signed by the school Principal, Athletic Director and Cheer Coach and received in our office by September 25, 2010.**

**THIS FORM WILL NOT BE ACCEPTED AT COMPETITION SITES.**